

Baltimore County Department of Recreation and Parks  
Office of Therapeutic Recreation Services

# LEISURE RESOURCES

**\*Recreation Opportunities for People with Disabilities\***

FALL/WINTER 2011-2012

PROGRAM LISTINGS

The Baltimore County Department of Recreation and Parks and the local recreation and parks councils offer a variety of recreational opportunities and services **Countywide**. This newsletter highlights programs designed specifically for individuals with disabilities, their family members and friends. Individuals with disabilities are encouraged to participate in all general Department programs as well. Contact your local recreation office for complete program offerings. Please take advantage of their programs and events. Better yet, start a new program and become involved in your local recreation and parks council. We will make reasonable modifications for full participation. *The Leisure Resources newsletter is available on line at <http://www.baltimorecountymd.gov/agencies/recreation/programdivision/therapeutic/index.html>*

start in

## FITNESS

**Yoga-Lates** (Yoga and Pilates) is designed to create physical fitness, endurance, strength, range of motion, healthy posture and overall flexibility through a series of mat exercises that focus on increased lung capacity through deep healthy breathing. It will teach and enable individuals with disabilities to experience and improve gross motor skills, balance and control of the body. For ages 18 and older, with or without disabilities. Participants must be able to follow verbal directions and have the ability to perform gross motor movements. Program will be held on Wednesdays, at the Loch Raven Center, 1801 Glen Keith Boulevard, 6:30-7:30pm in the Library Room. Cost is \$72 per person for 12 weeks. Program will start on September 7th and have an ongoing registration; program will end on December 14<sup>th</sup>. A winter class will



January, 2012. For more information or to be placed on the mailing list for this program, please call 410-887-5370.

**Martial Arts** - Beginner Martial Arts classes will be offered by the Greater Loch Raven Recreation Council at the Loch Raven Recreation Center, 1801 Glen Keith Boulevard, throughout the year. Instructor is Master Curtis R. Watkins Quick, Sixth Degree Black Belt, in Karate and Tae Kwan Do. Program is open to individuals with and without disabilities, ages 3 years and older. Participants will develop the ability to exercise discipline and self-control, which teaches focus, self-awareness, respect, and confidence. Program meets on Mondays, 5:30pm-6:00pm and registration is ongoing. For more information, please contact Master Quick at 443-829-1022 or the Loch Raven Recreation Office at 410-887-5309; [www.glrrc.org](http://www.glrrc.org).

## WATER ACTIVITIES

**An Adapted Aquatics Program** for youth with disabilities, ages 5-16 will be held at The League, 1111 East Cold Spring Lane, on Saturdays from 12:00 pm-12:50pm. Session III is September 10 - October 15; Session VI is October 29 - December 3. Parent/Guardian participation is required and class size is limited. Cost: \$30 per child. Additional sessions will be offered in January, February, and April, 2012. Please call Therapeutic Recreation Services at 410-887-5370 for registration information and for upcoming dates.

**2012 Winter Swim Program**, sponsored by the Rosedale Recreation Council, offers swim lessons to youth and adults of various abilities. Programs include: parent-tot and pre-school swim classes; water aerobics; youth and adult swim lessons; and family swim sessions are held on Friday and Saturday evenings. People with disabilities are encouraged and welcomed to register for these classes. If special accommodations are needed, please give as much notice as possible. Registration is **tentatively** scheduled to be held at Community College Baltimore County – Essex, Physical Education Center on Saturday, January 7, 2012, 9:30am-11:30am and Wednesday, January 11, 2012, 7:00pm-8:00pm (Note – the Wednesday registration is **ONLY** for class openings available after the Saturday registration). Program is **tentatively** scheduled to start on January 20, 21 and run for 10 weeks.

**\* Call the Rosedale Recreation office at 410-887-0294 to confirm registration dates, starting dates and program offerings, as these classes fill up quickly.**

**Community Swim** - Baltimore County's newest indoor swimming pool facilities,

located at the Dundalk and Randallstown community centers, have scheduled Community Swim Day, on Wednesdays, from 3:00pm-9:45pm. Cost is \$7.00 per person per day for adults ages 18 years and older and \$3.00 per person for youth ages 17 ages and younger. Each facility has a 6-lane 25-meter pool and is accessible for individuals with disabilities. Lanes will be available for those who wish to swim laps. The Dundalk Community Center is located at the corner of Dunmanway and Trading Place 410-285-7616; the Randallstown Community Center is located at 3505 Resource Drive, 410-496-4272.

## SPORTS

**Adapted Soccer** - The Parkville Recreation and Parks Council is sponsoring a non-competitive adapted soccer program for youth with disabilities ages five years and older at Villa Cresta Elementary, Saturdays, 10am-12pm. Practice begins September 10, 2011 and runs to November 12, 2011. Cost is \$35 per child. Parents/guardians must assist with the program. Contact Debbie Rohlwing: Kevanddeb@msn.com



**Ice Hockey** - Come and learn the exciting sport of ice hockey! Baltimore Area Special Hockey, Inc. operates the Baltimore Saints ice hockey program for children (ages 5 years and older) and adults with developmental disabilities or traumatic brain injury at the Reisterstown Sportsplex, 401 Mitchell Drive in Reisterstown. The program provides participants the opportunity to learn to skate and learn the sport of ice hockey in an environment adapted to each participant's ability level; every player is allowed to develop at their own pace as this is a non-checking, non-competitive program. Previous skating experience is not required, and all

equipment is provided. USA Hockey-certified coaches, who have received training through the American Special Hockey Association, coach the players with assistance from USA Hockey-registered local high school/college ice hockey players.

The Baltimore Saints season begins on Saturday, October 1<sup>st</sup> and runs for 26 weeks. Practices are one hour and players are placed in time slots (7:45, 8:45 or 9:45am) based on their skill level. Registration cost is \$100 per player, with a \$100 equipment deposit. New players may join the program at any time during the season. For more information and/or to register, please contact Jim and Teresa Zinkhan at 410-370-1818; BaltimoreSaints@verizon.net or [www.BaltimoreSaintsHockey.org](http://www.BaltimoreSaintsHockey.org).

**Aspire Program** – The Edgemere-Sparrows Point Recreation Council sponsors the Aspire Program, sports program for youth with disabilities, ages 5 thru 18 years of age. **Indoor Soccer** will be held at SERRC, on North Point Blvd, beginning on September 17 thru November 5, 10:00am on Saturdays. Cost is \$30 per person and each registrant will receive a T-shirt and ball. Plans are being made now for basketball and/or volleyball to be offered during the winter months. For more information about this program, please contact Missy Jablonski at 410-530-2053 or [milissalyn@gmail.com](mailto:milissalyn@gmail.com).

## THERAPEUTIC RIDING

**The Therapeutic Horseback Riding Program**, a cooperative effort between the Office of Therapeutic Recreation Services and the Maryland Council for Special Equestrians (MCSE), offers Equine Facilitated Therapy to individuals with disabilities. For more information regarding registration, cost, class



availability and enrollment paperwork for any of these horseback riding programs, call Terry or Tina at 410-418-4300. The program operates year-round in the Catonsville area with the following opportunities:

**Barn Buddies** – Join us for our new “Barn Buddies” program! This is a classroom-based program that will also have hands-on horse related activities. “Barn Buddies” consists of four 1-hour classes that will include, but are not limited to: grooming, feeding and leading, and is designed for individuals of all abilities, ages 10 years and older, including adults.

**Recreational Riding** lessons are available for children and adults. Riders learn basic horseback riding and horse safety while improving their physical fitness, socialization and communication skills. Classes are offered during the weekday morning hours in addition to weeknights. To be considered for the program, applications must be completed and returned to MCSE’s office. Some restrictions apply.

**Volunteers** are needed mornings, afternoons, and evenings. No previous horse experience is necessary. Duties range from grooming horses to assisting riding instructors and riders. Volunteer training is available. A great way to achieve high school community service hours!

*“The Sky is the Limit”*



## Community Theatre

**Show dates** for “The Sky is the Limit” Community Theatre’s production of Victor Herbert’s “Babes in Toyland” will be held on

Fridays, November 25<sup>th</sup> and December 2<sup>nd</sup> at 7:00pm, Saturdays, November 26<sup>th</sup> and December 3<sup>rd</sup> at 7:00pm and Sundays, November 27<sup>th</sup> and December 4<sup>th</sup> at 2:00pm at the Eastern Regional Performing Arts Center (within the North Point Government Center), 7701 Wise Avenue in Dundalk. Tickets are available at the door, \$8 for adults and \$6 for senior citizens and children 12 and under. Group rates are available.

**A group/school performance date** is set for Thursday, December 1<sup>st</sup> at 10:00am. Tickets are \$5.00 per person. Reservations are required. Call 410-887-5370.

**Auditions** for “*The Sky is the Limit*” Community Theatre’s spring production will be held at the Eastern Regional Performing Arts Center, 7701 Wise Avenue in Dundalk on Saturday, January 21<sup>st</sup>, 12:00pm-3:00pm, and Monday, January 23<sup>rd</sup>, 6:30pm-8:00pm. Auditions are for children and adults. People with disabilities are welcome and encouraged to audition. Please be prepared to sing a song (not a requirement) and bring a photograph. Technical people (i.e., costumes, make-up, props, sets, sound, and lighting) are also needed. Show dates: TBA. For more information, please call 410-887-5370.



**Experimental Theatre Project** – This new program gives aspiring playwrights a chance to preview their new works with different directors. Meets on Sundays, 12:00 – 6:00pm at the Eastern Regional Performing Arts Center within the North Point Government Center, 7701 Wise Avenue, Dundalk. Cost is free. First show is “Smoke”, a retelling of a Polish folktale with the play written by Larry Janowski and will be presented on November 13<sup>th</sup> at 3:00pm. Tickets are \$5 per person. Additional new plays will be featured after January, 2012. Call Debbie Staigerwald at 443-722-9012 for

more information. If you have a play that you wish to be considered for the Experimental Theatre Project, please call the TR Office at 410-887-5370.

**Dance for Musical Theatre** – Work on improving your dance skills for the musical theatre genre. For participants of all ages and abilities. Dance from various musical styles will be taught as actors and actresses practice dancing for the stage. Meets Monday and Wednesday evenings, 5:30-6:30pm, starting October 3<sup>rd</sup> and ending on November 21<sup>st</sup>. Cost TBA. Winter session will start after January, 2012; call 410-887-5370 for dates.

**Show Choir and Jr. Show Choir** – Like to sing? Singers of all abilities are invited to improve their singing skills with a group as well as learn a few basic performance moves. Program will meet on the 1<sup>st</sup> and 3<sup>rd</sup> Fridays of the month, beginning September 30<sup>th</sup> at the Eastern Regional Performing Arts Center (within the North Point Government Center, 7701 Wise Avenue). Junior Show Choir is for youth with and without disabilities, ages 6 to 12 and meets 6:30-7:30pm; Show Choir is for ages 13 years thru adult, with and without disabilities, and meets 7:30-9:00pm. Cost TBA. For additional information or to register, please call Debbie Staigerwald, 443-722-9012.

**Community Band** – Haven’t played your instrument since high school? Well, dust it off and come and play with the community band! The band will meet on Wednesdays, 6:30-8:00pm beginning late fall/early winter, for people of all ages and abilities. Cost TBA. For more information call the TR Office at 410-887-5370.

**Musical Instrument Lending Library** – “*The Sky is the Limit*” is creating a musical instrument lending library and is in need of musical instruments and stands. If you have



an instrument that is no longer being used, please consider donating it to our new “library”. We also need music stands. Community band members will be able to use the instruments as well. For more information or to donate an instrument, please call 410-887-5370.

## DANCE

**A Tap Dance Program** for individuals with disabilities, ages 16 years and older, will be held at Riderwood Elementary on Tuesdays from 6:15pm-7:00pm. Classes start October 11<sup>th</sup> and will conclude with dance routines to be performed during the musical theatre’s final production on May 8, 2012. Registration is \$30.00. Tap dance class is held prior to the musical theatre program on Tuesday nights. Participants are encouraged to register for both programs. For more information or to register, call Therapeutic Recreation Services at 410-887-5370.



**Dance Program** – This program is designed as a ‘dance experience’ for individuals with disabilities, ages 6 years thru adult and their families and friends. Ballet and Jazz will be offered. Meets at Padonia International Elementary School, 9834 Greenside Drive in Cockeysville on Thursdays, in the Recreation Activity Room. Starts October 13<sup>th</sup> and ends on December 15<sup>th</sup>. Ages 6 thru 12: 6:15 – 7:00pm; Ages 13 thru Adult: 7:15 – 8:15pm. Cost is \$30 per person. For more information and/or to register, call 410-887-5370.

**Social Dances** are held at the Eastwood Center Elementary Magnet School, 428 Westham Way, on the first Friday of each month from 8:00-11:00pm from October 7, 2011-May 4, 2012 for young adults with developmental disabilities, ages 16 and older. The Halloween dance will be held on November 4<sup>th</sup>. Cost is \$3.00 per



person, per night. Includes light refreshments, contests and prizes. Call the Berkshire Recreation Office at 410-887-0217.

## PERFORMING ARTS

**Saturday Performing Arts Classes** for youth and young adults ages 6 thru 14 years, with and without disabilities. Start date October 15<sup>th</sup> from 10:00am-11:30am at the Eastern Regional Performing Arts Center, within the North Point Government Center. The cost is \$50 and pre-registration is required. Participants will learn all aspects of a performance. The classes will culminate with a final production on May 19<sup>th</sup> at 7pm. To register, call Therapeutic Recreation Services at 410-887-5370.

**Theatre Classes** for adults with developmental disabilities ages 16 years and older will be held on the 2<sup>nd</sup> and 4<sup>th</sup> Fridays of the month, 7-8:30pm, starting on October 14<sup>th</sup> at the North Point Government Center in Dundalk. Participants will be exposed to the dramatic arts through drama activities and theater games. Cost is \$30 per person. For more information, please call the TR Office at 410-887-5370.

**Musical Theatre** is a creative arts program designed to expose men and women with disabilities, ages 16 years and older, to the arts. Programs operate October through May, and ends with a final production; past shows have included: “Grease,” “Hairspray,” “Annie,” and “You’re a Good Man, Charlie Brown.” Please call the corresponding number for more information and to register.

In Towson, **Riderwood Elementary School Cafeteria** - Tuesdays, 7:00-9:00pm. Begins October 11<sup>th</sup>. Cost is \$55 per person. Call 410-887-5370.

In Dundalk, **North Point Government**



**Center** - Thursdays, 1:00-4:00pm. Begins October 20<sup>th</sup>. Call the Therapeutic Recreation Office at 410-887-5370.

## VISUAL ARTS

**Adapted Art Program** – The Cockeysville Recreation and Parks Council will be offering adapted arts classes for school-aged youth with disabilities at Padonia International School, 9834 Greenside Drive in Cockeysville on Mondays 6:00-7:00pm starting October 3<sup>rd</sup> and ending on November 7<sup>th</sup> (no class on 10/31/11). Cost is \$40 per person. For additional information call 410-887-7734.



## AFTER SCHOOL PROGRAM

**After School Program** – Offers enrichment activities (such as arts-n-crafts, active games, literacy, sensory) and the use of adapted equipment at the following special education schools: Battle Monument, Maiden Choice and Ridge Ruxton. Participants, ages 4 to 21 years may attend the program from the end of school day dismissal time to 5:30pm (or 6:00pm, depending upon location) five days a week (or less, if desired). Cost is approximately \$12 per day per child. For more information and/or an application form, please call the TR Office at 410-887-5370.

## SOCIAL PROGRAMS

**Silent Golden Age Club** sponsored by the Essex Recreation Council, meets on the 2<sup>nd</sup> Tuesday of every month, 10am-2pm at Essex Elementary School Recreation Activity Room for social events such as luncheons, bingo, educational speakers and more! Program is for seniors who are deaf or hearing impaired. Cost is \$2 per person, per

session. For additional information contact Betty Roth, 443-505-7034 (VP); lilac1011@comcast.net or Essex Recreation Office at 410-887-0255.

**Social Programs** are held throughout the County and generally operate from September through June. They are designed for adults with developmental disabilities. Activities vary within each program and may include dancing, theatre, arts and crafts, games, field trips and much more. For complete information, contact the social program of your choice:

In Catonsville, **Rolling Wood Social Club at Bloomsbury Community Center**, Fridays, 7:00pm-9:30pm for ages 25-50 years, September, 2010 through June, 2011. Call Allen Spurr at 410-859-8941 or the Catonsville Recreation office at 410-887-0959.

In Arbutus, **Friday Night Teen Center at Maiden Choice School and Halethorpe Civic Center**, Fridays 7:00pm-9:00pm, September 9, 2011 to June 8, 2012. For teens and adults to age 21 with developmental disabilities. Call Arbutus Recreation office at 410-887-1453 or Andrew Pessagno 443-610-4843.

In Fullerton, the **Rainbow Club** offers monthly bingo games for adults with developmental disabilities ages 18 years and older at the Fullerton Community Center, 7209 Belair Road in Overlea. There is a one-time registration cost of \$5.00 and \$2.00 per night. Program will meet from 7:00pm-9:00pm on the following Friday nights: September 30<sup>th</sup>, October 28<sup>th</sup>, November 11<sup>th</sup>, and on December 9<sup>th</sup>, 2011. Additional sessions will be scheduled in 2012. For information, contact Patty Smith, 443-527-4567 or Overlea-Fullerton Recreation Office at 410-887-5307.

## HORTICULTURAL THERAPY

The Office of Therapeutic Recreation Services in collaboration with TALMAR (Therapeutic Alternatives of Maryland) offer horticultural therapy, recreational and vocational programs at TALMAR Gardens and Therapeutic Horticultural Center in Cromwell Valley Park, 1994 Cromwell Bridge Road in Parkville. Various types of horticultural activities and programs are offered to individuals with and without disabilities of all ages. For more information, please call 410-825-2020.

TALMAR now accepts Medicaid! Horticultural Therapy is now reimbursed by Medicaid Group and individual sessions are forming! Spring sessions begin in March. Call today at 410-825-2020 for more information or reservations. Cate Murphy, MS., HTR, Director of TALMAR is licensed and currently practicing Horticultural Therapy at the center.

Join us in November and December as we celebrate the Christmas holiday season at TALMAR Gardens. The ambience will reflect that of Christmas past with the barns decorated in fresh garland and holly, and the smell of fresh cider and hot chocolate shared with all as we craftfully make wreaths, garland, swags and other seasonal items to sell this year. Go to [Talmar.org](http://Talmar.org) to access our *WORKSHOP* schedules to see the dates so that you may make your own decorations, wreaths and centerpieces.

TALMAR Gardens and Therapeutic Horticultural Center at Cromwell Valley Park invites you to purchase your premium Fraser fir Christmas trees beginning November 26, 2011. The trees will be 4'-9' in height. We will also sell hand-made pine and fir wreaths that are beautifully decorated and other seasonal arrangements suitable for home

decorations. The wreaths are made on site in the park and may be pre-ordered according to the size of your choice. Roping will be sold by the foot and made from Fraser fir or pine. Bring the whole family to visit our greenhouse during the Christmas season and enjoy hot chocolate, coffee or tea while selecting a poinsettia and other seasonal floral items. For hours of operation or for additional information, please go to [www.talmar.org](http://www.talmar.org).

## SIGN LANGUAGE CLASSES

**Beginning Sign Language Class** for youth (ages 6 and older) and adults will be held for seven weeks at the Mount Vista Park, 11101 Raphael Road, Kingsville, MD 21087. Session A will be on Tuesdays, 7:00pm-8:15pm, October 4<sup>th</sup> - November 15<sup>th</sup>; and Session B will be on Wednesdays, 10:30am-11:45am, October 19<sup>th</sup> - December 7<sup>th</sup> (No class on November 23<sup>rd</sup>.) Cost is \$36 per person per session. To register, please call 410-887-5370 (voice) or 410-887-5319 (TTY/Deaf).



*Please Note:* Additional sign language classes will be scheduled in other geographic areas of Baltimore County. Call 410-887-5370 to be placed on the mailing list for future sign language programs.

## BALTIMORE COUNTY DEPARTMENT OF RECREATION AND PARKS FACILITIES

**Dundalk Community Center** is located at the corner of Trading Place and Dunmanway. It features a gymnasium, 3 activity rooms, a computer lab, and a six lane indoor pool that is managed by the YMCA of Central Maryland. The Center is also home to the Dundalk Police Athletic League Center and a private senior club, "Young at Heart". For

more information about the Dundalk Community Center, please call 410-887-7155.

**Randallstown Community Center** - located at 3505 Resource Drive, has a multipurpose gymnasium that holds three basketball courts, two volleyball courts and a four lane indoor track. The center also features a six lane indoor pool facility managed by the YMCA of Central Maryland, a 300 seat performance hall with a stage, a computer room, and an activity room. For more information about the Randallstown Community Center, please call 410-887-0698.

**Cox's Point Haunted Mansion** - Maryland's oldest haunted attraction is celebrating its 43<sup>rd</sup> anniversary this year. The Haunted Mansion is operated by the Essex Recreation and Parks Council at Cox's Point Park, 800 Riverside Road in Essex. The Haunted Mansion is open Fridays and Saturdays from 7:00pm-11:00pm, on October 1<sup>st</sup>, 7-8, 14-15, 21-22 and 28-29. There will be a "Sneek Preview" on Friday, September 30<sup>th</sup> from 7:00pm-11:00pm. Cost is \$7.00 per person for adults and children. For more information, call 410-887-0255 or visit [www.coxspoint.org](http://www.coxspoint.org).



**Christmas Parade and Santa in the Park** - The Dundalk/Eastfield Recreation Council will host their annual Christmas Parade and Santa in the Park on Saturday, December 3<sup>rd</sup> at Heritage Park, 11 Dunmanway in Dundalk. The parade begins at 4:00pm at the Dundalk Elementary School parking lot and ends at the gazebo in Heritage Park. Children will have the opportunity to meet with Santa and Mrs. Claus and receive a small gift. Refreshments will also be available at Mrs. Claus' Kitchen. For more information, please contact the Dundalk Recreation office at 410-887-7155.

**Annual Tree Lighting Ceremony** - The Edmondson-Westview Recreation Council will hold their Annual Tree Lighting

Ceremony at Western Hills Park, 1437 North Rolling Road on Thursday, December 8<sup>th</sup> at 7:00 pm. Children will have the opportunity to meet with Santa and receive a small gift. Refreshments will be available following the ceremony. For more information, please contact the Edmondson-Westview Recreation office at 410-887-0962.

## COMMUNITY CORNER

### Resource Center for Families and Schools

Baltimore County Public Schools Resource Center for Families and Schools provides parent support in Special Education for parents of children with disabilities. The Resource Center at White Oak School promotes positive and effective partnerships within the school community and is staffed by parents of children with disabilities. The center maintains a lending library of articles, books and videotapes, provides free workshops, and offers support to parents. For more information about the Resource Center, please contact Jean Considine at White Oak at 410-887-5443 or [jconsidine@bcps.org](mailto:jconsidine@bcps.org).

### TALMAR

TALMAR, Inc. (Therapeutic Alternatives of Maryland) is a non-profit organization that offers recreational, therapeutic and vocational activities for people of all ages and abilities. A horticultural therapist oversees the program. Activities are designed to improve participants' social, recreational, educational, psychological and physical well being. Currently, horticultural therapy and horticultural activities are offered to the community in both a greenhouse and a garden setting at Cromwell Valley Park, 1994 Cromwell Bridge Road in Parkville. This may include planting seeds, transplanting seedlings, planting flower crops in the fields, garden maintenance and harvesting. Organic practices are used. For additional information,



please call Cate Murphy at 410-825-2020 or visit [www.talmar.org](http://www.talmar.org).

TALMAR Gardens and Horticultural Therapy Center will be at the 2010 Cromwell Valley Park Fall Harvest Festival on October 8<sup>th</sup> and 9<sup>th</sup>, 12:00 noon – 4:00 pm. Stop by to purchase your favorite mums, asters, pansies and more! Bring the kids out for a pony ride and enjoy activities such as pressing your own cider. Call 410-825-2020 or the park office at 410-887-2503 for more information.

TALMAR also sells flowers for any occasion including weddings, showers, parties, etc. (references gladly given). A floral designer is on site to assist you! We cut fresh from our four acres of organically grown flowers when in season. All proceeds support this local non-profit organization in providing horticultural therapy and vocational training to individuals with disabilities.

Volunteers are welcome and are our greatest asset. Horticultural and agricultural internships are available at our farm. Contact Cate Murphy, Director at 410-825-2020 or [www.talmar.org](http://www.talmar.org).

### **Special Olympics**

Special Olympics Baltimore County provides year-round sports training and athletic competition for individuals with developmental disabilities. Fall/Winter sports include outdoor soccer, flag football, cheerleading, cycling, power lifting and basketball. For more information about joining Special Olympics as an athlete, contact Melissa O'Brien, Area Director at 410-746-0320; [mobrien1964@gmail.com](mailto:mobrien1964@gmail.com) or visit the Special Olympics Baltimore County website, [www.sobamd.org](http://www.sobamd.org). Persons interested in volunteer opportunities should contact Tony Washington at 443-421-8722 or [twashington@somdba.org](mailto:twashington@somdba.org).

### **BARS**

Baltimore Adapted Recreation and Sports (BARS) - is a membership organization that provides recreational opportunities for individuals with disabilities, their family and friends. In the fall, BARS will be offering the following programs: hand cycling, skiing at Roundtop Mountain Resort and "Ski Mash" at Liberty Mountain Resort in February, 2012.

On Sunday, October 23, BARS will be hosting "Bodies in Motion Trail Festival" on the NCR/Torrey C. Brown Rail Trail - Freeland Road Parking area. Participants can wheel, walk, cycle, or run any distance from 100 feet to 5 miles. For more information, contact Pamela Lehnert 410-322-5629; [pam4bars@aol.com](mailto:pam4bars@aol.com).

### **Maryland Ravens – Disability Awareness Program**

This program offers numerous opportunities for individuals with physical disabilities and serves both disabled and non-disabled participants. The program offers activities, which assist in building self-esteem, self-confidence, independence, and self-motivation. It also educates the public on the needs, abilities and capabilities of people with physical disabilities by visiting area schools and colleges. The Maryland Ravens are seeking physically challenged persons (amputees, cerebral palsy, spinal cord injuries, etc.) who have an interest in playing wheelchair basketball. For more information, contact Eddie Diggs all the Maryland Ravens' information line at 410-825-5359 or email; [mdravens@aol.com](mailto:mdravens@aol.com).



## Annual Camp Fair

A camp and recreation fair for children with disabilities is tentatively scheduled to be held on Sunday, March 4, 2012, from 12:00pm - 3:00pm at the Crowne Plaza Hotel, 2004 Greenspring Drive in Timonium. The fair, sponsored by The Arc of Baltimore and Baltimore's Child magazine, will feature representatives from day and overnight camps in the mid-Atlantic region which serve children with physical, intellectual, emotional, and learning disabilities. For further information, call Baltimore's Child at 410-367-5883 or [www.baltimoreschild.com](http://www.baltimoreschild.com).

### Volunteer/Part Time Jobs Available

- Swim Instructors
- Water Exercise Instructors
- "One-On-One" Buddies
- T.R. Summer Day Camp Leaders & Directors (Summer of '12)
- Adapted Sports Leaders

Call the T.R. office at 410-887-5370.

## INCLEMENT WEATHER POLICY

**Weekdays:** Whenever schools are closed by snow or ice before regular dismissal time, all activities (programs and meetings) scheduled for that afternoon and evening will not be held. The use of school-recreation centers and Recreation and Parks' buildings for recreation purposes will proceed according to schedule the day following the early school closing, unless schools remain closed because of inclement weather conditions.

**Weekends:** In the event of an accumulation of snow and/or ice resulting in any phase of the Snow Emergency Plan being in effect, all recreation programming will be cancelled.

## TR is Going Green!

Help us save on printing costs, postage fees, as well as a few trees! We are now able to electronically send the link to the county's website so that you can view the current edition of the Newsletter. Please consider receiving "Leisure Resources" online instead of our traditional paper format. It will help us reduce cost and you may read the newsletter before it gets printed and mailed to your home/office!

We are updating our Mailing List. In order to remain on the list you **must** complete the following and return to the TR office.

☐ Yes, I want the Leisure Resources Newsletter electronically sent to me via e-mail (No paper version of the newsletter will be sent via U.S. Postal Service.)

☐ Yes, I wish to receive the Leisure Resources Newsletter via U.S. Postal Service.

☐ No, I no longer wish to receive the Leisure Resources Newsletter. Remove from mailing list.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State: \_\_\_\_\_

Zip: \_\_\_\_\_

Clip and return to:

Baltimore County  
Dept. of Recreation and Parks  
T. R. Services  
105 W. Chesapeake Ave., Suite 302  
Towson, MD 21204

The Baltimore County Department of Recreation and Parks support *the Americans with Disabilities Act* and welcomes the full participation of individuals with disabilities. Reasonable accommodations will be provided to encourage and maintain program participation. To request special accommodations, please give as much notice as possible by calling the specific program or the Office of Therapeutic Recreation Services at 410-887-5370. **This newsletter is available in alternative format upon request.**

BALTIMORE COUNTY  
DEPARTMENT OF RECREATION AND PARKS OFFICE/  
COUNCIL TELEPHONE LIST

**REGION 1**

Stephanie Murphy  
**Regional Coordinator**  
410-887-1071

**ARBUTUS**

Vacant  
410-887-1453

**CATONSVILLE**

Richard Griggs  
410-887-0959

**EDMONDSON-WESTVIEW**

Michelle Washington  
410-887-0962

**LANSDOWNE-RIVERVIEW/  
BALTIMORE HIGHLANDS**

Steve McCullen  
410-887-1439

**LIBERTY ROAD**

Lenny Camphor  
410-887-0700

**PIKESVILLE**

Jeff Pumphrey  
410-887-1238

**WOODLAWN**

Maurice Watkins  
410-887-1357

**REGION 2**

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**Regional Coordinator**  
410-887-6957

**CARROLL MANOR**

Wally Reidt  
410-887-1840

**COCKEYSVILLE**

John Eubank  
410-887-7734

**HEREFORD/7<sup>th</sup> DISTRICT/ PRETTYBOY**

Kara Burman  
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**LUTHERVILLE-TIMONIUM**

Kris Mervine  
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**REISTERSTOWN**

Steven Gravelle  
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**OWINGS MILLS**

Clinton Jennifer  
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**TOWSON**

Kate Terry  
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**TOWSONTOWNE**

Bob McClelland  
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**REGION 3**

Norman Knoerlein  
**Regional Coordinator**  
410-887-5141

**BENGIES-CHASE**

Kandy Kepner  
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**GREATER LOCH RAVEN**

Ted Lewis  
410-887-5309

**OVERLEA-FULLERTON**

Sue Cormack  
410-887-5307

**PARKVILLE**

Jerry Hahn  
410-887-5300

**PERRY HALL**

Maria Bieneman  
410-887-5187

**ROSEDALE**

Bobby Smith  
410-887-0294

**WHITE MARSH/KINGSVILLE**

Shawn Sprole  
410-887-5194

**REGION 4**

Neil Magness  
**Regional Coordinator**  
410-887-3465

**BACK RIVER/  
BERKSHIRE-EASTWOOD/ PATAPSCO  
NECK-NORWOOD**

Karen Brown  
410-887-0217

**DUNDALK-EASTFIELD**

Mike Jankiewicz  
410-887-7155

**EDGEMERE-SPARROWS POINT/  
NORTH POINT VILLAGE**

Denise Spurrier  
410-887-7529

**ESSEX/STEMBRIDGE**

Ronnie Mickolite  
410-887-0255

**GRAY CHARLES/BEAR CREEK/  
COLGATE**

Dave Fazenbaker  
410-887-7180

**MIDDLE RIVER**

Lee Eagan  
410-887-0234

**WEST INVERNESS/ WATERSEDGE/TURNER  
STATION**

Rich Johnson  
410-887-7134

**NATURE & RECREATION  
RESOURCES**

Beahtha Davis  
**Regional Coordinator**  
410-887-4156

**BENJAMIN BANNEKER HISTORICAL  
PARK & MUSEUM**

Steven Lee  
410-887-1081

**CROMWELL VALLEY PARK**

Leo Rebetsky  
410-887-2503

**MARSHY POINT NATURE CENTER**

Kirk Dreier  
410-887-2817

**OREGON RIDGE NATURE CENTER**

Courtney Peed  
410-887-1815

**PAL CENTERS**

**COCKEYSVILLE**

410-887-7708

**DUNDALK**

410-887-7229

**HILLENDALE**

410-887-5561

**LANSDOWNE**

410-887-7414

**MARS ESTATES**

410-887-6422

**SCOTTS BRANCH**

410-887-4710

**SHADY SPRING**

410-887-0505

**WINFIELD**

410-887-4707

**WOODMOOR**

410-887-6806

Baltimore County  
Department of Recreation and Parks  
Therapeutic Recreation Services  
105 W. Chesapeake Avenue, Suite 302  
Towson, MD 21204

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Baltimore County  
Department of Recreation and Parks  
Therapeutic Recreation Services  
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<http://www.baltimorecountymd.gov/agencies/recreation/programdivision/therapeutic/index.html>

*Leisure Resources Fall/Winter 2011-2012*